

Lake Shore Times

Lake Shore Adult Home 211 Lake Shore Rd. Lake Ronkonkoma, NY 11779 (631) 585-8800

Celebrating April

April Fools' Day
April 1st

Baseball Season Begins
Opening Day
April 6th

Passover
April 9th – April 16th

Easter Sunday
April 12th

Creative Ministries Presents:
"Hello Dolly"
April 19th
Tickets \$20 each

National Volunteer Week
April 19th – 25th

Rock-N-Roll Party
w/Elvis Presley
April 21st

Earth Day
April 22nd

Lake Shore's Friends & Family
Trip to Yonkers Casino
April 22nd



Let's Talk Recreation

Dear Friends,

Well our first big Spring weekend has arrived and with it is coming some warm temperatures and sunshine; which by the way is most welcomed. It was pretty much a chilly March so sun and warmth will be nice to experience. During the month of April we will begin to see color again. Splashes of color from trees, flowers, gardens, and blue sky are emerging after a long winter.

During the month of April we have a few religious holidays which we are looking forward to celebrating. The two main holidays are Passover which begins on April 9th followed by Easter Sunday on April 12th. Throughout the month we will have many activities that will be focused around these two holidays.

On Tuesday April 21st Lake Shore is excited to present our Rock-N-Roll Party with Elvis. Get set to get your hips swinging and your toes tapping to the music of a legend Mr. Elvis Presley. This will be an event that will be talked about for weeks to come!

This month we will have our first "Activity Calendar Planning Group" meeting. The Recreation Department is always looking for suggestions, new ideas and ways to make sure our Activity Calendar has something that everyone enjoys. If you would like to be part of this group we will be holding our first meeting on Thursday April 18th in the 2nd floor lounge.

You may have noticed over the past few months The Lake Shore has been doing some remodeling and redesigning. The newly decorated and tiled lobby looks warm and inviting. The monthly "Lake Shore Times" newsletter has also taken on a fresh new look as well. We hope that everyone is enjoying the improvements to our community.

Until Next Month,
Your Recreation Staff

"It is the service we are not obliged to give that people value most." ~ James Cash Penney

April Birthdays

If you were born in April, you are stable, practical, and conservative. You have a strong appreciation for material possessions and are very creative. In addition, people born in April have a strong sense of wit, and just in case you don't believe it, here are some famous "funny folks" born in April:

HAPPY APRIL BIRTHDAY!



Eleanor W.....	April 2 nd
Pota S.....	April 8 th
Rosemary C.....	April 9 th
Edna H.....	April 10 th
Arlene O.....	April 11 th
Jean P.....	April 13 th
Alice S.....	April 14 th
Marie M.....	April 18 th
Lorelei W.....	April 18 th
Fran C.....	April 27 th
Celia S.....	April 28 th
Hank L.....	April 28 th
John C.....	April 29 th
Dorothy A.....	April 30 th

Our April Birthday Party will be held on Thursday April 30th at 2:00pm with musical entertainment by Tommy Parris.



Don't forget our Birthday raffle! The winner will be picked at the end of each Birthday Party. The winner will receive a **FREE** lunch certificate for our Chinese or Italian Take-In. You *must* be present at the Birthday Party to win.

April Zodiac Signs



Aries (The Ram)

April 1-19

Those born under the sign of the ram are born leaders and have a great deal of confidence and enthusiasm. However, they are quick to become impatient with people who are reluctant to follow their lead.



Taurus (The Bull)

April 20-30

Taurus folks are sensualists – good food, comfortable surroundings, music, and art are their passions. So fond are they of luxury that they tend to overindulge a little too often.



April Moon Phases

First Quarter – April 2

Full – April 9

Last Quarter – April 17

New – April 25

A Friendly Reminder:

Starting in May Lake Shore's Monthly Newsletters & Activity Calendar will be available for viewing and printing at our Web Site: LakeShoreli.com.

If you would still like the Newsletter mailed please contact the Main Office.

A Game of Rounders Anyone?

Baseball season officially opens the first Sunday in April. Baseball probably originated from an old English game called “rounders,” which called for a batter to strike a ball and run around bases without being put out. Balls that were caught on the fly, or in some cases after one bounce, were commonly outs.

Rounders also involved the practice of plugging, soaking, or stinging, where fielders could put runners out by throwing the ball at them as they ran between bases. The rules of rounders varied widely from place to place, and people used various names to describe it, including “town ball,” “one old cat,” “trap ball,” and “base ball” (which was eventually shortened to baseball).

Predictors of April Showers

- Cats scratch a post before a wind and wash their faces before a rain.
- Rain will come when the north wind shifts to the west and then to the south.
- It will rain when there is a ring around the moon.
- If dogs eat grass, there will be rain.
- If a pig carries straw in its mouth, a storm is on the way.
- When crickets' chirps grow long or strong, a storm is coming.
- Birds on a telephone wire predict the coming of rain.
- If a rooster crows at night, there will be rain by morning.
- If the bull leads the cows to pasture, expect rain; if the cows precede the bull, the weather will be uncertain.
- Dandelion blossoms close before a storm.
- Rain before seven, clear by eleven.



Medical Corner:

Sunlight is one of the forgotten aspects of creating and sustaining our health as we age. Exposure to the sun has many benefits. We can all profit from moderate and reasonable time spent in the outdoors.

Throughout history there has been no better and more common symbol of happiness and well-being than the sun. You will find people cheered and uplifted by the life giving rays of the sun. Who of us could deny the feeling we have when the sun breaks through the darkened clouds: our mood lifts; our eyes turn upward; our energy and zest for life returns.

Although there have been many serious medical warnings about over exposure to the sun in recent years, we must not neglect the positive role sunlight plays in our mental and physical health. Now is the perfect time of year for us all to enjoy the positive benefits of the sun!

How Does Your Garden Grow?

Can you find all of the gardening words?

S S Z E X M E T I P U L
 U S I O W F Q K L P A E
 N E C H U U W A A O W W
 F E I A H O N W S R W O
 L D F E R T I L I Z E R
 O S X M I E S W U A Y T
 W R S N Q D C O A U U O
 E Z G Q L K I R P T E G
 R E N E D R A G O M E Y
 T O M A T O E O Q W O R
 H C L U M I I I U V K C

COMPOST
 FERTILIZER
 GARDENER
 HOE
 MULCH
 PLANTING
 RAKE



SCARECROW
 SEEDS
 SUNFLOWER
 TOMATO
 TROWEL
 WATER
 WORMS

Featured Resident of the Month:



“Anthony Fabiano”

Anthony Albert Fabiano, born on January 19, 1918, in Williamsburg, Brooklyn. One of nine brothers, he worked at an early age at the Brooklyn Navy Yard where he met his wife to be, Eleanor DiGiacinti who was from the Bronx. After the war, they married and lived in Carle Place, Long Island. There, he worked for Sperry Gyroscope Company and then for Macy's and eventually he worked for the Carle Place School Systems. Anthony and Eleanor raised four children, two girls and two boys. They eventually moved to Hempstead Long Island in the early 1960's and then moved to Mineola, New York, where he lived for 28 years before he moved here to the Lake Shore.

He loves living at the Lakeshore and he especially loves music of any kind. He plays the harmonica and has a great sense of rhythm! His favorite song he loves to play is "Bye Bye Blackbird". He's affectionately known by the Peter Duchin Band as "Tony The Man". Anthony also loves to help Billy with chores around the Lake Shore and help out in the dining room. He loves people and animals (especially Benny and Cochese) and is always willing to lend a hand or help someone to their room if they get lost.

Story by:

Roberta Fabiano (Daughter)

Are you ready for the future of Senior Activities??

Nintendo's latest gaming craze The "Wii"

Wii has changed the face of gaming with a variety of interactive sports and games. Wii is not just a kid's toy anymore and it's not just your ordinary video gaming system. This past March the Recreation Department was so excited to get our very own Wii system. Throughout the month we hope everyone had a chance to enjoy our activities of Wii Golf and Wii Bowling. For April we will continue to add Wii to our Monthly Activity Calendar of events. If you want to try something new with a number of positive benefits here is your chance!

Wii Bowling-Mondays at 1:00pm

Wii Golf-Tuesdays at 1:00pm

Laugh A Little Every Day....

Special Poem for Senior Citizens!!

A row of bottles on my shelf
Caused me to analyze myself.

One yellow pill I have to pop
Goes to my heart so it won't stop.

A little white one that I take
Goes to my hands so they won't shake.

The blue one that I use a lot
Tells me I'm happy when I'm not.

The purple goes to my brain
And tells me that I have no pain.

The red ones, smallest of them all
Go to my blood so I won't fall.

The orange ones, very big and bright
Prevent my leg cramps in the night.

Such an array of brilliant pills
Helping to cure all kinds of ills.

But what I'd really like to know...
Is what tells each one where to go!

WELCOME



Meet Lake Shore's New Residents March 2009

- Miguel A.....Room 236
- Virginia D.....Room 244
- Nicholas G.....Room 236
- Clarence H.....Room 219
- John H.....Room 245
- John C.....Room 111
- Ed M.....Room 209
- David S.....Room 219
- Mary W.....Room 216

Over the past few months we have had several residents move in to our community. We would like to extend a special welcome to all of you! It is our goal to make sure that your life here is comfortable, safe and enjoyable. If you like it here and we truly hope you do-please tell people you know.

Refer a Friend!

Wouldn't you love to have your friends as your neighbors? So would we! And we'll reward you with \$300 off your next monthly payment for recommending Lake Shore. Make sure your friends list you as their referral and you'll see the savings when they join our community. Speak to Lori Brandt or Christine Klein for more information.



New Resident Welcome Tea

Monday April 20th at 4:00pm

Come discover all about your new home!

Lake Shore Loves Our Volunteers

Very special people with big hearts
Often going above and beyond
Loving what they do because they care
Understanding of our needs
Never hesitating to help when they can
Taking time out of their busy schedule
Efforts are always appreciated
Enjoying sharing our memories
Radiate with enthusiasm
Seraphim angels enriching our lives

National Volunteer Week

Sunday April 19th-Saturday April 25th

To show our appreciation for Lake Shore's dedicated, hard work, and caring Volunteers we will be having a Special "Thank You Luncheon" at Lake Rock Diner on Friday April 24th.

On Saturday April 25th we will be having a "Thank You Cake" at 3:00pm in the main dining room to which everyone is invited to show your love and support for all our wonderful Resident Volunteers.

During National Volunteer Week take a moment to say "Thank You" to these special Residents who make our community great!

Resident Volunteers: Mary O, Clare C, Nancy M, Bill P, Fran C, Shirley C, Arlene O, Genevieve R. and Vi M.



The Easter Bunny

The most popular rabbit this time of year (or to put it another way, “the rabbit of the hour”) is the Easter Bunny. The Germans get the credit for the Easter Bunny, first appearing

during Easter in the 1500s. Kids were told that if they were good, the “Oschter Haws” (the white Easter Hare) would lay a nest of colored eggs. The children would build nests in secluded places in the home, the garden, or barn. Girls would use their bonnets and boys would use their caps to make the nests. They would then go to bed and anxiously await the Easter Bunny. Eventually, the kids had to face reality – real rabbits don’t hide eggs! However, by the 1800s, Germans had found a way to make an edible rabbit out of sugar and pastry – which provided children with another way to enjoy the Easter Bunny.

Employee Spotlight

***Thumbs up to Chris and the dietary staff for preparing a delicious Corned Beef and Cabbage Lunch for St. Patty’s Day.

Employee Birthdays for April

Anthony N.....April 1st
Janice H.....April 11th
Vinnie S.....April 15th
Tim D.....April 24th
Steve M.....April 28th
Happy Be-Lated Birthday to Bernetta who celebrated a Birthday on March 31st.

***Annual Employee Egg Race will be held on April 8th at 3:00pm. The winner will receive a Chocolate Bunny & a \$25 Gift Certificate to Red Lobster.

Lake Shore Adult Home
211 Lake Shore Rd.
Lake Ronkonkoma, NY 11779
Web site: LakeShoreli.com
E-Mail Address:
TheLakeShore211@aol.com